

## Tooth Mousse



### What is Tooth Mousse Plus?

Tooth Mousse Plus is a water-based paste containing recalcant and fluoride. Recalcant is derived from milk and strengthens and remineralises teeth and helps prevent tooth decay. The use of fluoride is to strengthen and protect teeth, as it makes the enamel more acid resistant.

### How do I use Tooth Mousse Plus?

Tooth Mousse plus is applied at night after thoroughly brushing your teeth. Apply a small amount of tooth mousse onto your tooth brush and brush over your teeth paying extra attention to the tooth surfaces around your braces. Saliva improves the effectiveness of tooth mousse so try not to spit out for at least 3 mins and avoid eating or drinking until the following morning. Tooth mousse is safe to swallow but it is better to spit out any excess.



### Why use Tooth Mousse Plus?

During orthodontic treatment, brushing your teeth takes longer and may be more difficult. If your oral hygiene isn't satisfactory, white spot lesions can occur on your teeth. White spots are caused by the acid in plaque removing some of the calcium from your tooth enamel. Tooth Mousse reduces the risk white spot lesions from occurring by neutralizing the acid produced by the bacteria in plaque. It also strengthens enamel making it more resistant to future white spot lesions.

### When should I not use Tooth Mousse Plus?

- Not to be used on children who are under 6 years of age. This is because Tooth Mousse Plus contains a level of fluoride similar to that found in adult-strength tooth pastes.
- If you have a milk protein allergy.
- If you have a sensitivity to benzoate preservatives.