

ORAL HYGIENE

Are you on target for an excellent result?

In the interest of delivering to you the best smile possible, we endeavour to assess your Oral Hygiene at every visit. This is recorded each appointment by allocating one of the grades described below.



A **Fabulous** – couldn't be better! You are on target for a beautiful smile at the end of treatment. Every **A** you score makes you eligible to enter into our quarterly prize draw *and you might WIN!* – Enquire with our staff for further details.



B **Very Good** – you are only missing a couple of tricky areas.

C **Poor** – you clean only the easy areas and your Oral Hygiene really needs to improve.

D **Disastrous!** - Plaque and Food everywhere. These teeth have not been brushed for days! You are way off the mark.



Consistent **A's** assure you that your good work will pay off, your gums will remain healthy and your teeth stain free once the braces are removed. Keep up the good work!

Regular **C's** or below mean that you are at risk of developing tooth decay along with permanently marked or stained teeth and gum disease.

D =



Discuss your Oral Hygiene concerns with our Hygienists and Therapists who are only too happy to work with you. They will provide personalised tips on how to maintain an ongoing high standard of Oral Hygiene.