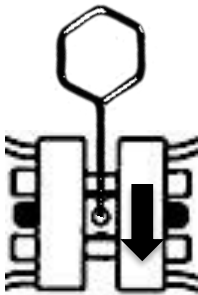
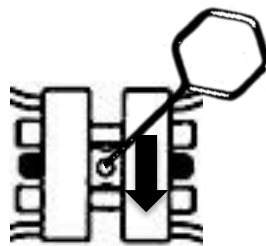


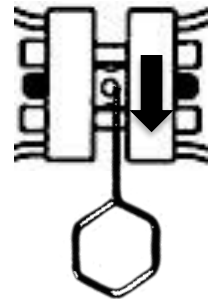
How to turn your Expansion Appliance



With appliance out of the mouth, place provided key into the hole in the screw closest to the rear of the arrow.



Gently push key in the direction of the arrow as far as it will go. This is one complete turn.



Pull key out of hole. This brings the next hole in the screw to the rear of the arrow ready for the next turn.

- ❖ Only turn the screw as prescribed by your Orthodontist.
- ❖ It may help to clean the appliance first in Polident to help locate the holes in the screw.
- ❖ If you should misplace your key, please call us for a replacement, or alternatively an open paper clip can also be used.
- ❖ Please do not hesitate to contact the surgery should you encounter any difficulties.

