

BIONATOR

The Bionator is a functional appliance designed to encourage mandibular jaw growth during normal development. This reduces the discrepancy between the upper and lower jaws and enables your mouth and jaws to develop correctly.

YOUR CO-OPERATION IS ESSENTIAL!

The appliance won't work if it isn't in your mouth so it will be up to you to ensure that you wear it as much as possible. Remembering that the more hours you wear the Bionator the faster your treatment will progress!

WEAR AND CARE INSTRUCTIONS

WEAR

It is important that you wear your bionator all the time – day and night. There are a few activities that you will need to take it out for:

- Eating
- Cleaning
- Contact sports and swimming

CLEANING

When you brush your teeth you will also need to brush your bionator with your toothbrush and toothpaste. On a weekly basis it is advised that you soak the bionator in a cleaning solution such as Polident with cool water for approximately ½ an hour.



WHAT TO EXPECT

When you start wearing your bionator it will feel a little strange as you are not used to having an appliance in your mouth. There are a few things which you will notice over the first week or so that you will have to adjust to.

- **Speaking** will be awkward, as your mouth will feel full. However if you practice talking aloud you will adjust faster. Another helpful hint is to keep your teeth biting into the bionator while speaking.
- Your mouth will feel more watery as your body produces more **Saliva**. However this will settle down over a couple of days.
- **Swallowing** will feel strange but once again the more you practice the sooner you will adjust.
- At the beginning you may feel some **discomfort** as your muscles get used to functioning in their new position. Painkillers maybe required, similar in strength which you would take for a headache. This discomfort should only last for a few days, however, if it persists please make contact with the surgery.

